

APRIL 24 - SUNDAY	TIME	LOCATION
Adult Brazillian Jiu-Jitsu Gi	2:00pm	Grindhouse Training Facility
APRIL 25 - MONDAY		
Bootcamp	5:30am	Grindhouse Training Facility
Bootcamp	8:30am	Grindhouse Training Facility
Strooler Barre	9:30am	Boerne City Park
Bootcamp	12:00pm	Grindhouse Training Facility
Youth BJJ	4:30pm	Grindhouse Training Facility
Spin	4:30pm	Grindhouse Training Facility
Adult MMA Beginner	5:30pm	Grindhouse Training Facility
Adult MMA Advanced	6:30pm	Grindhouse Training Facility
APRIL 26 - TUESDAY		
Bootcamp	5:30am	Grindhouse Training Facility
Spin	6:30am	Grindhouse Training Facility
Bootcamp	8:30am	Grindhouse Training Facility
Stroller Strides	9:30am	Boerne City Park
Youth Kickboxing	4:30pm	Grindhouse Training Facility
Youth Wrestling	4:30pm	Grindhouse Training Facility
Youth Boxing	5:30pm	Grindhouse Training Facility
Adult Brazillian Jiu-Jitsu Gi	5:30pm	Grindhouse Training Facility
Adult Boxing	6:30pm	Grindhouse Training Facility
APRIL 27 - WEDNESDAY		
Bootcamp	5:30am	Grindhouse Training Facility
Bootcamp	8:30am	Grindhouse Training Facility
Strides 360	9:30am	Boerne City Park
Wellness Wednesday at The Library	12:00pm	Patrick Health Public Library via zoom
Bootcamp	12:00pm	Grindhouse Training Facility
Youth BJJ	4:30pm	Grindhouse Training Facility
Adult MMA Beginner	5:30pm	Grindhouse Training Facility
Adult Brazillian Jiu-Jitsu Nogi	6:30pm	Grindhouse Training Facility
ZUMBA	6:30pm	Boerne YMCA
APRIL 28 - THURSDAY		
	TIME	LOCATION
Bootcamp	5:30am	Grindhouse Training Facility
Spin	6:30am	Grindhouse Training Facility
Bootcamp	8:30am	Grindhouse Training Facility
Stroller Strides	9:30am	Boerne City Park
Youth Kickboxing	4:30pm	Grindhouse Training Facility
Youth Wrestling	4:30pm	Grindhouse Training Facility
Youth Boxing	5:30pm	Grindhouse Training Facility
Adult MMA Beginner	5:30pm	Grindhouse Training Facility
Adult Boxing	6:30pm	Grindhouse Training Facility
Adult MMA Advanced	6:30pm	Grindhouse Training Facility
LES MILLS BODY COMBAT	6:30pm	Boerne YMCA
APRIL 29 - Friday		

Bootcamp	8:30am	Grindhouse Training Facility
Tai Chi with Gigong	10:00am	Patrick Health Public Library
Weekly Outdoor Workout	12:00pm	Curry Trailhead
Lunch Time Walk	12:00pm	Curry Trailhead
Bootcamp	12:00pm	Grindhouse Training Facility
Adult Brazillian Jiu-Jitsu Gi	5:30pm	Grindhouse Training Facility
APRIL 30 - SATURDAY		
Adult Self Defense	12:00pm	Grindhouse Training Facility

