

APRIL 17 - SUNDAY	TIME	LOCATION
Adult Brazillian Jiu-Jitsu Gi	2:00pm	Grindhouse Training Facility

APRIL 18 - MONDAY

Bootcamp	5:30am	Grindhouse Training Facility
Bootcamp	8:30am	Grindhouse Training Facility
Stroller Barre	9:30am	Boerne City Park
Bootcamp	12:00pm	Grindhouse Training Facility
Youth BJJ	4:30pm	Grindhouse Training Facility
Spin	4:30pm	Grindhouse Training Facility
Adult MMA Beginner	5:30pm	Grindhouse Training Facility
Adult MMA Advanced	6:30pm	Grindhouse Training Facility

APRIL 19 - TUESDAY

Bootcamp	5:30am	Grindhouse Training Facility
Spin	6:30am	Grindhouse Training Facility
Bootcamp	8:30am	Grindhouse Training Facility
Stroller Strides	9:30am	Boerne City Park
Youth Kickboxing	4:30pm	Grindhouse Training Facility
Youth Wrestling	4:30pm	Grindhouse Training Facility
Youth Boxing	5:30pm	Grindhouse Training Facility
Adult Brazillian Jiu-Jitsu Gi	5:30pm	Grindhouse Training Facility
Adult Boxing	6:30pm	Grindhouse Training Facility

APRIL 20 - WEDNESDAY

Bootcamp	5:30am	Grindhouse Training Facility
Bootcamp	8:30am	Grindhouse Training Facility
Strides 360	9:30am	Boerne City Park
Wellness Wednesday at The Library	12:00pm	Patrick Health Public Library via zoom
Bootcamp	12:00pm	Grindhouse Training Facility
Youth BJJ	4:30pm	Grindhouse Training Facility
Adult MMA Beginner	5:30pm	Grindhouse Training Facility
Adult Brazillian Jiu-Jitsu Nogi	6:30pm	Grindhouse Training Facility
ZUMBA	6:30pm	Boerne YMCA

APRIL 21 - THURSDAY

Bootcamp	5:30am	Grindhouse Training Facility
Spin	6:30am	Grindhouse Training Facility
Bootcamp	8:30am	Grindhouse Training Facility
Stroller Strides	9:30am	Boerne City Park
Yoga	12:00pm	Northrup Pavillion
Youth Kickboxing	4:30pm	Grindhouse Training Facility
Youth Wrestling	4:30pm	Grindhouse Training Facility
Youth Boxing	5:30pm	Grindhouse Training Facility
Adult MMA Beginner	5:30pm	Grindhouse Training Facility
Adult Boxing	6:30pm	Grindhouse Training Facility

Adult MMA Advanced	6:30pm	Grindhouse Training Facility
LES MILLS BODY COMBAT	6:30pm	Boerne YMCA
APRIL 22 - FRIDAY		
Bootcamp	8:30am	Grindhouse Training Facility
Tai Chi with Gigong	10:00am	Patrick Health Public Library
Weekly Outdoor Workout	12:00pm	Curry Trailhead
Lunch Time Walk	12:00pm	Curry Trailhead
Bootcamp	12:00pm	Grindhouse Training Facility
Adult Brazillian Jiu-Jitsu Gi	5:30pm	Grindhouse Training Facility
APRIL 23 - SATURDAY		
Adult Self Defense	12:00pm	Grindhouse Training Facility

