

| APRIL 1 - Friday | Time | Location |
|-------------------------------|---------|-------------------------------|
| Bootcamp | 8:30am | Grindhouse Training Facility |
| Tai Chi with Gigong | 10:00am | Patrick Health Public Library |
| Weekly Outdoor Workout | 12:00pm | Curry Trailhead |
| Lunch Time Walk | 12:00pm | Curry Trailhead |
| Bootcamp | 12:00pm | Grindhouse Training Facility |
| Adult Brazillian Jiu-Jitsu Gi | 5:30pm | Grindhouse Training Facility |
| APRIL 2 - Saturday | | |
| Adult Self Defense | 12:00pm | Grindhouse Training Facility |

