

GET FIT BOERNE

April 29- 30

Monday April 29th

Camp Gladiator	5:00AM	Live Oak Shopping Center
Camp Gladiator	5:15AM	Boerne Middle School South
Fit Path All Day	5:30AM-8:30PM	YMCA
Camp Gladiator	5:30AM	United Texas Credit Union
HIIT 45	5:45AM-6:30AM	YMCA
Camp Gladiator	6:30AM	BISD Central Office
Camp Gladiator	7:45AM	BISD Central Office
Trekking	8:15AM-9:00AM	YMCA
Camp Gladiator	8:00AM	Los Encinos Event Center
Basic Plus Pilates	8:30AM-9:30AM	YMCA
LES MILLS BODYSTEP	8:30AM-9:15AM	YMCA
LES MILLS SPRINT	9:00AM-9:30AM	YMCA
Camp Gladiator	9:00AM	Sauced Wing Bar
SILVER SNEAKER YOGA STRETCH	9:15AM-10:15AM	YMCA
Monday Morning Meditation	9:15AM	Patrick Heath Public Library
Camp Gladiator	9:15AM	Los Encinos Event Center
LES MILLS BODYPUMP	9:20AM-10:20AM	YMCA
Intermediate Pilates	9:30AM-10:30AM	YMCA
Camp Gladiator	9:30AM	Raymond Russell Park
Camp Gladiator	9:30AM	Agricultural Heritage Museum
SILVER SNEAKER YOGA STRETCH	10:20AM-11:20AM	YMCA
Rhythm and Resistance	10:30AM-11:25AM	YMCA
Mat Pilates	11:30AM-12:30PM	YMCA
Camp Gladiator	12:00PM	Agricultural Heritage Museum
LES MILLS BODYPUMP EXPRESS	12:35PM-1:20PM	YMCA
Intermediate Pilates	1:15PM-2:15PM	YMCA
LES MILLS BODYCOMBAT	4:15PM-5:00PM	YMCA
Camp Gladiator	4:30PM	Agricultural Heritage Museum
FC Thunder "Street Soccer/Skill Sessions"	5:00PM-6:00PM	Boerne City Park Field 3
LES MILLS BODYFLOW	5:00PM-6:00PM	YMCA
LES MILLS SPRINT	5:00PM-5:30PM	YMCA
LES MILLS BODYPUMP	5:15PM-6:15PM	YMCA
Camp Gladiator	5:45PM	Agricultural Heritage Museum
Les Mills GRIT Series	6:00PM-6:30PM	YMCA
FC Thunder "Street Soccer/Skill Sessions"	7:30PM-8:30PM	Boerne City Park Field 3

Tuesday April 30th

Camp Gladiator	4:45AM	First Baptist Church Boerne
Camp Gladiator	5:15AM	Boerne Middle School South
Fit Path All Day	5:30AM-8:30PM	YMCA
SpinPower	5:30AM-6:15AM	YMCA
Camp Gladiator	5:30AM	Messiah Lutheran Church
Camp Gladiator	6:45AM	Messiah Lutheran Church
Camp Gladiator	8:00AM	Los Encinos Event Center

It is a requirement to look at class description due to class specifications.

Seminars

Youth

Ages 7-10